

NOTE:

Features:

- Anti-pronation
- Torsional Stability
- Removable Insole
- Rocker Sole
- Extra deep
- Firm Heel Counter
- Firm Medial Midsole
- Neutral (high arch)
- Lateral stability

Exercise Walking / Running

New Balance: 1540* 1012* 587* 860 993 1260 940
Asics Gel: Evolution Forte Foundation Evolution
Etonic: Stable Pro
Brooks: Beast* / Ariel* Addiction Adrenaline Vapor
Saucony: Grid Stabil* Omni Hurricane
Adidas: Adistar Control Supernova Sequense
Aetrex: Rhino Runner Boss Runner
Hoka: Conquest Bondi Stinson
Altra: Provision

Walking:

Rockport: Pro Walker DMX
New Balance: 928 813 847
Brooks: Addiction Walker (Leather)
Saucony: Grid Stabil
Aetrex: all walkers
Hoka: Valor

Trail Run / Walking / Light Hiking

Merrill: Chameleon Moab
Brooks: Adrenaline ASR
Hoka: Speedgoat Tor Ultra Hi
Montrail: Mountain Masochist

Cross Trainers / Tennis

K-Swiss: Difer-miSOLE Stabilor
Nike: Court Ballistic
New Balance: 871 856 1004 (tennis)
Adidas: Response Competition

Basketball

Nike Air: LeBron Soldier
Adidas: D Rose
New Balance: 891 907

Sandals [^]can accept a custom orthotic

♦Naot[^] ♦Finn Comfort[^] ♦Dansko Aetrex

♦Vionic Flip-flops / Sandals www.FootAnkleStore.com

*Maximum Control

Dress Shoes—Women : Flats, Clogs, Casual

♦Rockport ♦Aetrex ♦Ariat ♦Dansko ♦Ecco
 ♦Wolky ♦Munro ♦Sanita ♦Nickels ♦Aravon
 ♦Naot ♦Dunham ♦Sudini ♦Earthies ♦Theresia
 ♦ *Healthy fashion shoes can be found at www.LuckyGirlShoes.com*

Dress Shoes—Men:

♦Rockport ♦Hush Puppies ♦Neil M. ♦Dansko ♦Kumfs
 ♦Dunham ♦Timberland ♦Ecco ♦Allen Edmonds
 ♦Naot ♦Cole-Haan ♦Aetrex Orthofeet (www.FootAnkleStore.com)

Extra Depth

Apex Aetrex PW Minor Acor Sequoia Orthofeet Drew Comfortrite (*Depth shoes at SHOES-n-FEET, Wide Shoes, Chicks*)

Rocker Soles: www.FootAnkle.com/Rockersole-Shoes.htm

PW Minor Hoka Dansko Altra:

Slippers: www.FootAnkle.com/Womens-Slippers.htm

Cros Haflinger Daniel Green Clogs Merrill Slides Stegmann
Vionic: www.footankle.com/shoe-therapy/womens-cozy-orthotic-slippers/

Socks—avoid cotton socks www.FootAnkleStore.com

Juzo Silver Thor-Lo Cool-Max Smartwool Jobst WrightSock

Insoles: To go under orthotic after removing sockliner

Dr. Scholls: Air Pillow Insole **Spenco:** Flat Insole SofSole

OTC Arch Supports: www.FootAnkle.com/off-the-shelf.htm

ProLab P3 Prefab (www.FootAnkleStore.com)
PowerStep Medical Grade (www.FootAnkleStore.com)
Superfeet Green (Available at stores below and online)
Spenco: Orthotic Arch Support Polysorb (Pharmacies, shoe stores)
Diabetic Insoles: Apex AntiShox In-Step Tri-layer (shoe stores below)

Shoe Stores

Note: The shoe stores on this list are retailers with whom we have had positive experiences. There are other quality shoe stores in the region. Any shoe retailer who is interested in being listed is invited to call our office for an appointment to meet with us.

Super Jock n Jill: Greenlake	SHOES-n-FEET: Bellevue 148th / Main
Sound Sports: 80 Madison	Market St Shoes Ballard
Woolly Mammoth: Univ. Ave	Wide Shoes Shoreline, Renton
REI (for hiking boots)	Sole Perfection: Everett, Seattle, Fed way, Tacoma

Foot & Ankle Center of Washington
 600 Broadway, Suite 220
 Seattle, Washington 98122
(206) 344 3808

TO MY PATIENTS

FROM: Larry Huppinn, DPM

We have found the stores on this list to offer educated service and carry stable, healthy shoes—you will receive great service at any of the stores listed. In the interest of full disclosure I want to inform you that I have a financial interest in Shoes-N-Feet in Bellevue where I have a small percentage of ownership. My partner in my medical practice, Dr. Douglas Hale, has no interest in Shoes-N-Feet or any other shoe store. If you have questions, please contact me.

Douglas S. Hale, D.P.M.

Lawrence Z. Huppinn, D.P.M.

To receive automatic updates of this list, register at
www.FootAnkle.com